



# Speak Up, Epping! Newsletter

Volume 11, Issue 3

Epping, New Hampshire

May-June, 2018

## About this Newsletter

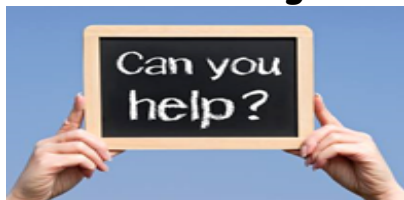
*This Newsletter is produced by the Speak Up, Epping! Communications Group. The purpose of the newsletter is to provide information about upcoming events and pertinent information from community organizations. Please note that no editorial, political or religious views will be accepted and the Communications Group reserves the right to edit submissions. If you would like to submit material for and/or receive this newsletter electronically, please visit our website at [www.speakupepping.com](http://www.speakupepping.com)*

## Check Out Our Newsletter Website

Be sure and check out our Speak Up, Epping! website: [www.speakupepping.com](http://www.speakupepping.com). Each new issue of the Newsletter will be available by downloading it from the website. You can also access news from the issue separately by topic and find late-breaking news, past Newsletters, town links and calendars.

Also, check out our **Facebook** page! Join us for more late-breaking news and events that did not make our Newsletter deadline.

## End 68 Hours of Hunger - Epping



We are now eight months through the school year and the Epping End 68 Hours of Hunger program has two more months to go until the end of this school year. We are currently feeding 39 Epping students every weekend.

It takes a village to run this program and we have a great group of packing, delivery, inventory,

and shopping volunteers.

We are in need of a fundraising team. This aspect of our program gets overlooked at times with the tasks of running the program on a weekly basis. With a yearly budget this year of \$12,000-\$14,000 we need more fundraising. Please reach out to us if you can help our program in this or any other area!!

Much gratitude towards our group of amazing volunteers!

Please reach out to us for more information at [Eppingnh@end68hoursofhunger.org](mailto:Eppingnh@end68hoursofhunger.org).

## Senior Moments

Like we seniors change our minds, we changed our method of fundraising within the Club. Usually we have a Pound Party to enhance our treasury. Pound Parties sell items which are hidden in brown paper bags - like "Buyer Beware." This time, we got creative and had an auction instead. This new way of getting rid of items that no longer fit our lifestyle was a lot of fun and made more money. I guess "seeing before you buy" is still a wise trait even for senior citizens. Another new annual event was born.

President Sandy Dennis will be back with her gavel for the May meeting. She has been traveling for four months, including several weeks in China, visiting friends. We can't wait to hear all about her trip and be awed and envious of her photos of the Orient. This could be another program.

Attorney Kathryn Williams is returning in May. We are so grateful to her for taking her valuable time to talk with us and answer our questions. She is an essential asset to us seniors. The changes in laws that she is so familiar with, can affect us adversely and we should be made aware. At our age, we not only need help climbing up stairs but also need help keeping up

with important legal issues that will continue to make our senior years comfortable and safe.

The Club visited the Waste Management Turnkey Landfill facility in Rochester – otherwise known as going to the "Dump" - the graveyard where our trash finds a new home. Actually, the hills where our trash is buried reach about 100 feet up into the air. Also on the property are a dog park and a popular hiking trail to the river. The facility opened in 1983 and has accumulated about 20 million tons of trash at the Rochester site. One interesting feature is that the gases created by the compacted trash are used by UNH to provide fuel for their campus. The facility has high tech operations and myriad components that are very impressive. The "Dump" we remember was where our dads took us every Saturday. As the adults threw, the kids picked. Found some great stuff. Often found things dad would throw away and we sneaked back home. We were simply recycling and didn't even know it.

A few more trips on our calendar will include a visit to the Great Bay Discovery Center followed by lunch at the 110 Deli (which we had to cancel before). Along the same lines, is a trip to the UNH Aquaculture and Maine Fisheries..... This should be very exciting. A trip to the State Prison store in Concord is being considered and of course shopping trips always fill the bus. The prisoners make and sell beautiful furniture and other items. These are "credit card only" sales. Wonder why? A few new museums are on our "to do" list, including the Children's Museum in Dover - to treat the kid in all of us one more time.

The LLC (Ladies Lunch Club) is going back in time to reminisce at Mary Ann's restaurant in Derry. Mary Ann's is a 50's diner that serves great comfort food and teenage memories for dessert. The 50's were our years and they-were-the-best. None others will ever come close. Ask any senior citizen and be prepared to hear history come alive.

I'm sure all NH Medicare members know that our new cards will arrive in June. They will be laminated! Now I laminated my old card years ago and was chastised for it. I guess now they like my idea. Because of this scary world we now live in, they strongly suggest that we make copies of our new cards and file the original away. Then carry the copy in your wallet and guess what - laminate it! Did you know that 44 million Americans are covered by Medicare? That's 15% of the

population. That number is expected to rise to 79 million in 2030. Who's left?

Well, -- there were banging doors, muddy feet and raids on the cookie jar and we loved every minute of it. School vacation brought the swift invasion of our quiet space by those sweet energetic grandkids. We were prepared though with "Google," "You Tube" and "On Demand." Generation gap? - Piece of cake! But how many times can you watch "Frozen?"

One last question.... How come you never hear father-in-law jokes?

*Submitted by Irene R. Cote, Secretary*

## News From the Town

There is now a NEW Website for reviewing Epping meetings online: [etv22.viebit.com](http://etv22.viebit.com).

**May 4-6 – Keep Epping Beautiful weekend**

**May 12<sup>th</sup> – Post Office carriers food collection**

**May 28<sup>th</sup> – Town Hall closed for Memorial Day**

**May 28<sup>th</sup> – Memorial Day Parade**

## Keep Epping Beautiful!

The Epping Parks & Recreation and Public Works Department will sponsor a Town-wide cleanup weekend – **May 4-6!** "NH the Beautiful" Blue Bags, gloves and Town maps will be available at the Town Hall and Library through May 6<sup>th</sup>. Please use these bags for roadside trash only.

The Highway Department will be coming around to collect Blue Bags on **Monday, May 7<sup>th</sup>** on designated Town main roads.

Once you have filled your Blue Bags, bring them out to one of the designated roads and leave them for pick up on Monday. Busy that weekend? That's okay. Use the Blue Bags for cleanup when it is convenient for you and bring them to the dump for disposal. Please do not leave bags at roadside prior to the May 4-6<sup>th</sup> weekend. Thank you for helping to keep Epping beautiful!

For more information' please, email [eppingrecreation@gmail.com](mailto:eppingrecreation@gmail.com).

## Memorial Day Parade on May 28<sup>th</sup>

Parade line up is 9:30 am at the American Legion and the parade steps off at 10:00 am. All Town organizations are welcome to take part. – especially veterans. The American Legion always has food for participants after the parade.

## Fill a Bag. Help Feed Families

The Post Office is collecting food on **Saturday, May 12<sup>th</sup>**. Please bag healthy, nonperishable food and place it by your mailbox for letter carrier delivery to local food banks and pantries.

Please donate items such as pasta, cereal, oatmeal, canola oil, peanut butter and canned goods including beans, fruit, vegetables, soup, tuna in water, meat and sauce. Avoid glass containers.

## In and Around Epping

Blue Bird Storage is going in next to Telly's and they are moving right along. There will also be a car wash and retail space. Telly's will also be expanding their parking lot.

The Planning Board also approved a project off Route 27 in the lot that was cleared. Right now one building will have indoor volleyball and virtual golf. They want to get rolling on that project as soon as they have all of their approvals.

## Cell Phones for Our Troops

### Donate your old cell phone.

More than 150,000 troops are serving overseas and are away from their families. Please make a donation of your old cell phone so they can call home, providing these soldiers with a much needed connection to their loved ones. There is a drop-off box at the Epping Town Hall for your convenience.

## The Pease Greeters Need Our Help!

The Pease Greeters, hundreds of volunteers, meet our Armed Forces any time of day or night, as they pass through Pease International Airport on their way to a war zone or on their way home. For more than eleven years, Greeters have welcomed service members on every flight with a warm meal and beverage, small gifts, a cell phone to call home and a hearty round of applause. And for that we give the Greeters our warmest and most sincere thanks. The Pease Greeters began welcoming flights in 2005 and a few months ago reached the milestone of having welcomed 1000 flights. Recently, the number of flights through Pease has increased and the Pease Greeters are in need of **monetary help**. We need to support our service men and women any way we can. If you can give any amount, please make a check payable to Pease Greeters and send or drop it off to Joyce at the Town Hall.

To learn more about the Pease Greeters, sign up for flight alerts or to make a contribution, visit [www.peasegreeters.org](http://www.peasegreeters.org).



## Epping Lions Club

**"We Serve"**

**We Want YOU to Join the Epping Lions Club**

<https://www.facebook.com/EppingsLionsClub>  
[www.epping.nhlions.org](http://www.epping.nhlions.org)

The Epping Lions Club was chartered in April 2009. We support sight programs and services including vision screenings, eyeglass recycling, and provide assistance to local families in need of eyeglasses.

Thank you to all who came out for our biggest event – the Lamprey River Canoe Race on Saturday, April 28<sup>th</sup>. This year marked the 41<sup>st</sup> year of the event and the 9<sup>th</sup> year the Epping Lions were hosting it. Prizes were awarded for the top three fastest times in Male Solo, Female Solo and 2-person categories. There was also a special prize for Best Costume. For a list of winners, please visit our website [www.epping.nhlions.org](http://www.epping.nhlions.org).

We are always looking for innovative people who desire to become involved in improving our community and having fun doing it. If you're interested in learning more, please visit our website or Facebook page. Meeting times are generally the 4<sup>th</sup> Tuesday of the month at 6:30 pm at the Harvey Mitchell Memorial Library in Epping. We'd love to see you!

**Colleen Palmer**, *President*

[colleenmariepalmer@hotmail.com](mailto:colleenmariepalmer@hotmail.com)

**Cheryl Denoncour**, *Treasurer*

[cdenoncour@gmail.com](mailto:cdenoncour@gmail.com)

**Deb Brooks**, *Eyeglass Collector*

[lexusreina@comcast.net](mailto:lexusreina@comcast.net)

## Epping Historical Society

Hooray!! Spring is here!! Well, today spring is here, who knows what tomorrow will bring. We are doing our spring chores at the Society, cleaning, planting and general cleanup.

We held an open house last month, followed by a program about "Old Bottles." What a fascinating history of bottles presented by Bill Dow, of Brentwood. The evening was very successful. The visitors were very impressed with our collections. Stop by and visit us,

chances are we have a "Family Book" that we have created on your family.

**SAVE THE DATE!! Thursday evening, May 24<sup>th</sup>**, we are having another program. This is our most popular program: "Epping of Yesteryear," a power point program featuring many of our old houses.

We are always looking for old pictures. I know families like to keep the originals, but we are quite happy to have copies. We would LOVE to have a picture of our building when it was the A&P store. The only picture we have is very grainy; it was from a newspaper and not of the best quality.

With Memorial Day coming up soon, it would be a good time to purchase a memorial brick in honor of a loved one. The bricks are \$50.00 and consist of three lines of text. You have fourteen spaces on each line for information. This is an ongoing project; we have about twenty-five bricks installed at this time.

If you are looking for a little something to keep busy this summer, we always welcome volunteers. An hour or two a month can make a big difference to us; there is always a project to work on.

### **Carl Stearns Clancy**

Do you know who the first man was to circumnavigate the world on a motorcycle? This feat was accomplished in 1912. His name was Carl Stearns Clancy and he was born right here in Epping! He was born August 8, 1890, the son of William Clancy and Alice Williams Clancy. William Clancy came to Epping to replace Josiah Howe Stearns as the Congregational Church minister. My guess would be that Carl's middle name was for Josiah Stearns, who William Clancy so admired. They moved from Epping before 1900, his father having been called to serve as minister in Brimfield, Massachusetts.

When he was 22 years old, he decided that "working" was not his favorite thing, so Carl and his best friend, Walter Storey, decided that riding around the world on a motorcycle was bound to be a great adventure! Just the idea of experiencing many cultures, all sorts of terrains, seeing all the famous monuments, what a dream come true! But then as now, it is easier said than done, because the many challenges faced are plentiful. Immigration problems, the language barrier, uncertain conditions of the roads and financing the ride are just some of them.

The first motorcycle trip around the world started in Philadelphia and travelled across 18,000 miles

on land and 15,000 miles on sea to finish in New York. The ride was initially started by Carl Clancy, his friend Walter Storey joined him in New York, and across the Atlantic they went. Their first stop was in Dublin, where local traffic laws provided their first obstacle. Storey, who had not gotten around to learning to ride, forgot which way the traffic flows in Ireland and ran into a tramcar. Battered and dazed, he continued on the fuel tank of Clancy's Henderson, as his mangled bike was carried off for repair. It was, after all, day one. This forced Clancy to carry Storey on his motorcycle for around 400 to 500 miles.

Then they sailed to Scotland, rode into England and then across to mainland Europe. Following a two-month stay in Paris, Walter Storey returned to New York. Clancy was disappointed to lose his partner, but was determined to continue his trip. He had a deal with Henderson Motorcycle Company and his commission financed the trip. The governments in Africa and Asia applied creative charges, with an outstretched palm, every time he approached a border. Clancy did most of his riding in a three-piece suit with a shirt and tie. He managed to buy the helmet of a fighter pilot only after he reached Japan, having worn only a cap before then. In Algeria he achieved his top speed of 65 miles per hour, but was forced to slow down as his eyes started to get watery. This was before goggles were the standard equipment when riding.

Bone rattling roads were a common feature of the trip, but the worst part came once he returned to America. Heading from San Francisco to Portland, he forced his way up and over the Rocky Mountains; across the plains and through muddy trails deep enough to make a bike and rider disappear. Carl Stearns Clancy rolled into New York, 10 months after setting off, as the first person to circumnavigate the globe by motorcycle.

Carl and Walter did their ride on a Four Cylinder V Twin Henderson Motorcycle which had a 934 cc engine, produced 7 HP, had one gear, no front brakes and was supposed to be the largest and the fastest motorcycle in their time! In 1912, Henderson Motorcycle Company had manufactured just five motorcycles and two of them were used for this ride. Remember, this was before GPS, Internet, cell phones, gas stations or motorcycle repair shops and there were very few roads. Can you imagine traveling on a motorcycle without a map and with just a few directions along the way? What happened when you got hungry? He carried a gun



with him, mostly to provide food for himself, but there must have been hostile people in some of the countries he crossed. The weather was not certain, and some days it rained all day, creating muddy roads. He was completely on his own, digging himself out of mud and snow in the higher elevations. I wonder if at some point, he may have decided that working was not so bad after all.

After he returned to America, he wrote a book about his travels. He went on to become a movie director and was the producer of several films. He produced many Will Rogers films. Who knew?

Come visit us at the Society. We are open Monday morning, 8:00 to 12:00, or when the flag is flying! If this is not convenient for you, please call 679-2944 for an appointment or email me at: [joysgarden@hotmail.com](mailto:joysgarden@hotmail.com).

*Submitted by Joy True, curator, Epping Historical Society*

## Nature Talks

### Why Harvest a Forest?

Our forests are valuable for wildlife, clean air and water, peace and quiet, beauty and recreation. Many of our society's needs depend on forests, so we must manage forests carefully to keep them productive. Because forests provide continuous benefits, they are considered "renewable resources."

Harvesting some trees allows more growing space for the remaining trees and tree seedlings. A well-planned harvest focuses on the trees that are to remain rather than on the trees that are to be cut. These "residual" trees and seedlings will provide the forest benefits that future generations will enjoy, so it is important to choose them with care.

Harvesting can lessen competition for soil nutrients and sunlight. Trees grow bigger and more rapidly when other trees do not crowd them. Given enough space, a tree can increase its crown, or treetop, size. Large crowns allow trees to capture more sunlight and, through photosynthesis, produce more sugars to grow faster. Nature thins out a forest on its own. Good harvesting mimics nature, but speeds the process.

Harvesting also promotes the forest's good health. Trees can get sick. If trees get infected with insects or diseases, harvesting them is the best way to prevent the illness from spreading and to protect the healthy trees that remain.



Have you ever seen any of these signs as you've driven around town? Ever wonder what they really mean? Your Conservation Commission is committed to doing what's best for conserved lands in Epping. Managing forests for long-term sustainability is important. The American Tree Farm System is internationally recognized and these signs tell our community we stand among the best woodland stewards in America. ATFS gives us the tools and support to help keep our woods thriving for generations to come, at no additional cost.

So, you might ask, what is the cost? The main expense is developing the forest management plan, which must be done by a certified forester. To keep this manageable, your Conservation Commission uses money from tree harvests to create and publish the plans. Let's keep our forests in great shape for recreation and enjoyment, now and for future generations.

*Submitted by Sandy Goodspeed*

## The Civil War Roundtable of NH



National Historian A. Wilson Greene will visit the Civil War Roundtable of New Hampshire in June for a special talk on the Battle of the Crater, part of the Petersburg campaign for which Mr. Greene is an expert.

The Civil War Roundtable of New Hampshire welcomes anyone with an interest in the American

Civil War who would like to be with others who share the same desire to learn more of this time in American history. We are an informal club with the only requirement being a Civil War enthusiast. If you or a friend has an interest in the American Civil War, we invite you to come check us out.

Founded in May 1991, the Civil War Roundtable of New Hampshire is a group of men and women, young and old, who share our interests, both blue and gray, in the pivotal era of American history known as the Civil War. We are open to the public and welcome all! As our slogan goes, "There's no time like the present to join us in the past."

For more information on the group and a complete schedule of meetings and news, please visit the web site: [www.cwrt-nh.org](http://www.cwrt-nh.org) or email [cwrtnh@gmail.com](mailto:cwrtnh@gmail.com).

**This is the upcoming CWRT-NH schedule:**

We are currently booking 2019 meetings. If you know someone, or would like to offer a talk to our group, please email: [cwrtnh@gmail.com](mailto:cwrtnh@gmail.com).

**Note:** The schedule is subject to change without notice. You can access the CWRT-NH website for the current schedule. If a meeting is cancelled, a notice will be put on ETV.

**May 18, 2018** ~ Alan Brunelle (CWRT of NH member) - "In Defense of Pickett's Charge"

**Urgent: June meeting date changed to June 8<sup>th</sup>**

**June 8, 2018** ~ A. Wilson Green (retired head of Pamplin Park Museum) - "A Perfect Hell of Blood: the Battle of the Crater."

**July & August** ~ no meetings - summer break

**September 14, 2018** (*note: this is 2nd Friday*) ~ Paul Kahan, PhD, (author/historian) - "The Presidency of Ulysses S. Grant: Preserving the Civil War's Legacy" (new book)

**October 19, 2018** ~ Jack Kelly (Old Colony CWRT) - "16th Maine at Gettysburg, July 1-3, 1863."

**November 9, 2018** (*note: 2nd Friday*) ~ Clay Feeter - "Mowed Down at Manassas: The Life and Tragic Death of Col. Fletcher Webster & the 12<sup>th</sup> Massachusetts Infantry" (Fletcher Webster is a cousin of Clay Feeter's)

**December 2018** ~ no meeting

## Lamprey Rivers Advisory Committee

### Great Blue Heron: The Bird That Dares to Stick Its Neck out



*photo by nhptv.org*

We are fortunate to have some big, really big, birds living along the Lamprey River. Great blue herons stand about 4 feet tall and have a wingspan up to 6.5 feet. In flight, they tuck their long necks under them to form an "s" and let their long legs trail behind. When hunting, they pull their head close to their body and then ambush unsuspecting fish, frogs, snakes, and occasionally rodents using their razor-sharp yellow beak.

Great blue herons were once nearly wiped out by pollution and hunting, but they have made a strong comeback nationally. Their success has come about for several reasons: 1) The Federal Migratory Bird Treaty Act of 1918 makes it illegal to capture, possess, or cause harm to a great blue heron, its nest, or eggs. 2) Efforts to prevent pollution from reaching waterways have resulted in lower toxicity. 3) People now have a better understanding that wetlands are ecologically and economically critical. 4) People have stopped killing so many beavers. Beavers might seem to be an unlikely ally to these birds, but their dams create new wetlands. As a result, many trees drown. Over time, these standing dead trees provide ideal, safe nesting areas, called rookeries or heronries, for colonies of herons to raise their young.

To help these magnificent birds thrive in our increasingly populated and developed landscape, the best action we can take is to give them their space. The birds require a buffer area of at least 330 feet between them and human activity. From April through May, they will fly away from their nests if humans get as close as 400-600 feet. Not only is their sight acute, but their heron hearing is as well.

## Hammock to 3k

Many of you might be familiar with the concept of a “couch to 5k,” in which people are encouraged to get off the couch and train to run a 5 kilometer road race. The prospect of going from little or no exercise to running a distance race can be daunting, but doing so with friends and friendly encouragement from trainers makes the challenge fun and doable.

The Newmarket Recreation Department wondered how they could adapt the couch to 5k model and help potential kayak racers prepare for a 3k race out to Great Bay and back as part of the annual Splash and Dash paddling event. The Lamprey Rivers Advisory Committee is pleased to support this pilot project through a Small Grant. The details are still being worked out, but participants will gather weekly starting in June for training sessions to build endurance, fine-tune technique, and have a good time on the Lamprey. Sessions will take place on both the freshwater portion and, as tides permit, the saltwater portion. The program will include a special class at an indoor pool to practice what many fear... falling into the water and how to get back into the boat. At the end of the program, participants will be ready to compete in the 3k on August 25<sup>th</sup>.

People from outside Newmarket are welcome to participate. For those without boats of their own, kayaks will be available to rent at a discounted price. For more details, follow Newmarket Recreation on Facebook or visit <http://www.newmarketrec.org/>.

## Herring Aid 2018



*alewife*

*photo courtesy of [dnr.maryland.gov](http://dnr.maryland.gov)*

Spring has arrived, at last, and that means it is time for river herring to migrate from the ocean to the Lamprey River to spawn in freshwater. It also means that it is time for people to meet these important fish face-to-face. World-wide, migratory fish populations are declining; however, the alewife

run in the Lamprey River is healthy and worth celebrating.

Join the hard-working biologists from New Hampshire Fish and Game and representatives from the Lamprey Rivers Advisory Committee for Herring Aid, **Saturday, May 12<sup>th</sup>** from 10:00 to noon at the Macallen Dam in Newmarket. In addition to seeing, handling, and learning about river herring, participants will probably also encounter tiny American eels and maybe a sea lamprey. Park behind the Newmarket Public Library and follow the fish signs to the event. This event is free, family-friendly, and will take place rain or shine.



*Helping communities protect the  
Lamprey River.*

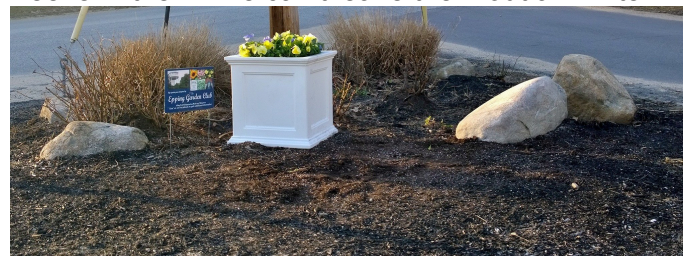
*Submitted by Suzanne Petersen*



## Epping Garden Club



We have worked hard on ideas through the winter in emails to one another and we chose the new white planters that sit within our planted intersections. We needed a fresh look and nice deep planters so they would not dry out so fast. The new ones are self-watering - the days of hauling 90 gallons each are behind us. When it rains heavily, they will drain nicely and keep just what the plants need or at least that is our plan. We will watch and take notes and we'll remove them from the corners in autumn before the plants freeze in them. We can't leave them out all winter.



We brought the Pansy Bowls to town a day before Easter and everyone loved their scent and colors. We would like to thank all who gave us their support.

For those who made it to the polls or voted by



absentee ballot, our group would like to say a BIG THANK YOU for liking what we do in town. Yes, the \$3,000.00 may sound like a lot to some, but based on the number of taxpayers in town it breaks down to just 50 cents from each of you. Thank you again!

Our group hopes you like what we do and if you want input, please join us. Or join one of the many other groups your taxes supported this past election. It is wonderful being a part of the many here in town who give of themselves to make this town a better place for ALL to live. Pick your favorite group and join! We all have things we love doing and are passionate about.

Do you want us to offer flowers for sale at the parade? Let us know on Facebook or email us at [eppinggardenclub@gmail.com](mailto:eppinggardenclub@gmail.com). Please let us know if you want geraniums, colorful Wave petunias or herbs or veggies. We want to help you create beautiful spaces, but as well, all of our local beekeepers will have delicious honey.

We can also get you flats of one color if you have a theme going on or are having a summer wedding. We can get prices to you so you can shop for the best deal around - just ask us.

We will meet on **Sunday, May 13<sup>th</sup>** at the Safety Complex or at a member's home or maybe a local breakfast place. Call us at 300-0064 or follow us on Facebook to find out where we'll meet. We will decide on Parade plans that day, so give us your thoughts please.

*Submitted by Eunice Miller*



## Ledd Center

The Board of Directors of the Ledd Center for the Performing Arts is delighted to announce a celebration of the past 43 years of wonderful theater at the Ledd Center. In a presentation of photos, videos, stories, and live musical performances (by Mary Gatchell and others), we will look back at the 157 productions and the many people who made the Ledd Center such a great success over all those years. We will celebrate all those who worked on stage and backstage, who sewed the costumes and served the refreshments, and who served as sponsors to make it all possible. And we will especially honor the creators of the Ledd Center, Elaine and Bruce Gatchell, for their excellence and dedication, as we wish them a joyous retirement.

The celebration will take place on **Sunday, May**

**20th**, at 2:00 pm at the Ledd Center theater on Ladd's Lane. Specialty desserts from Popovers, Bruce's famous popcorn, and coffee, compliments of Starbucks, will be served at intermission. Each ticket will come with a limited-edition Ledd Center T-shirt, listing all of the 157 shows that Elaine and Bruce have put on over the past 43 years.

To purchase tickets by credit card, please visit our website [www.leddycenter.org](http://www.leddycenter.org). To pay by check, please visit the box office on Tuesdays or Thursdays between 3:00 and 5:00 pm. This is a one-time event, and seats are very limited, so please order your tickets as soon as possible.

We hope to see you for this final celebration of all that is the Ledd Center!!

*Dr. Henry Ferrell, Chair, Board of Directors*



## ETV Schedule

### Channel 22 – ETV – Schedule of live programs

Selectmen's Meeting – Monday May 7, 21;

June 4, 18 - 7 pm

Water & Sewer – Tuesday, May 1; June 5 - 7 pm

Library –Tuesday, May 15; June 19. - 7 pm

Conservation Commission – Tuesday, May 8;

June 12 - 7 pm

Parks & Recreation – Wednesday, May 2; June 6

- 7 pm

Budget Committee – Wednesday, May 16; June 20

- 7 pm

School Committee–Thursday, May 3,17; June 7, 21

- 7 pm

Planning Board –Thursday, May 10; June 14 - 6 pm

Civil War Round Table – Friday, May 18; June 15

- 7:15 pm

### Monday meetings are rebroadcast:

1/2 hour after meeting

Tuesday - 7 am

Wednesday - 11 am

Thursday - 3 pm

Monday - 2 am

### Tuesday meetings are rebroadcast:

1/2 hour after meeting

Wednesday - 7 am

Thursday - 11 am

Monday - 3 pm

Tuesday - 2 am

### Wednesday meetings are rebroadcast:

1/2 hour after meeting

Thursday - 7 am

Monday - 11 am



Tuesday - 3 pm  
 Wednesday - 2 am  
Thursday meetings are rebroadcast:  
 1/2 hour after meeting  
 Monday - 7 am  
 Tuesday - 11 am  
 Wednesday - 3 pm  
 Thursday - 2 am

All dates and times are subject to change. Please consult the ETV Bulletin Board or the Town website for any changes or updates.

Always remember that Board meetings are available any time at your convenience if you go to <http://etv22@pegcentral.com>. They are usually available the day following their "live" broadcast.

"Live" video streaming is also available. Watch live meetings anywhere while they're broadcast: [http://etv22.pegcentral.com/live/live\\_etv22.html](http://etv22.pegcentral.com/live/live_etv22.html).

The new ETV email is [eppingtv22@gmail.com](mailto:eppingtv22@gmail.com)

There is now a NEW Website for reviewing Epping meetings online: [etv22.viebit.com](http://etv22.viebit.com).



## Scouting Around Epping

### Cub Scout Pack 136

Pack 136 is looking for boys and families who are looking for adventures. Cub Scouting is for boys entering grades 1 to 5. Cub Scouting has ideals of spiritual and character growth, citizenship training and personal fitness. The Scout Oath is a pledge of duty to God and family. The Scout Law is a simple formula for good Cub Scouting and good citizenship. The Cub Scout motto, "Do Your Best," is a code of excellence. We believe in involving families and Cub Scouting provides opportunities for families to work and play together and have fun together.

If you would like information about joining Cub Scouts, please contact our **Cubmaster** at [cubmaster@pack136epping.org](mailto:cubmaster@pack136epping.org).

Join us on Facebook and keep track of the Pack <http://m.facebook.com/group.php?gid=199059685109&fbf=r6c4d2187&refid=46> or go to our website where you can find more Pack information at <http://www.pack136epping.org/calendar>.

### Boy Scout Troop 136

The Epping Boys Scouts had their spring Court of Honor on April 2<sup>nd</sup>. Many boys received their

advancements from Scout all the way to Life Scout. The Boys have been working very hard on their advancements and merit badges and we have three Scouts now preparing themselves for the next step which is Eagle Scout.



*Troop 136 Court of Honor*

Lots of events are coming up for the Scouts in May and June. **Friday, May 4<sup>th</sup>** is the NHX National Jamboree at NH Motor Speedway in Loudon, NH for a 3-day camping trip. The event will bring together Scouts, Scouters, and families from throughout New Hampshire and neighboring states. This event is expected to draw over 5,000 participants for the weekend of fun and adventure. There are many fun activities planned, including: Wilderness Camp, BB, Wall Climbing, Mountain Biking, ATV's, Fireworks, a concert and so much more. For more information, go to: [www.nhxperience.org](http://www.nhxperience.org).

Next there will be a couple of hikes taking place. The hike on Welch and Dickey Loop Trail will be on **Sunday, May 6<sup>th</sup>**. This is approximately 3.9 miles of trail, located near Thornton, NH. The second hike is on **Saturday, June 16<sup>th</sup>**, is at Mount Osceola and is a 12.3 mile hike in Livermore, NH. These training hikes are preparing them for a summer hike that will be scheduled in July for Mount Washington.

The Boy Scouts of Epping are having a Electronics Recycling Fundraiser at American Legion Post 51 on Route 125 in Epping. It will be held on **Saturday May 12<sup>th</sup>** from 9 am - 2 pm, rain or shine. They will be collecting old computers, TV's, printers, etc. The cost to you will be from \$5 (small items) up to \$50 (for larger TV's and

equipment), depending on size and weight. Scouts will be there to carry your items. You don't even need to leave your car! You can help us raise funds and help the environment at the same time. This fundraiser will help support Troop 136.



## Epping Fire Department

Burn Permits are required for **all outside burning**. Permits will be issued at the fire station seven days a week, 6:00 am-6:00 pm. Permits **Will Not** be issued when fire danger is class 3 or above.

If you have any questions contact the Fire Department at 679-5446.

For Daily Fire Danger and an explanation of the different danger levels, follow the link <http://www.nhdf.org/fire-control-and-law-enforcement/daily-fire-danger.aspx>.

## Epping Explorer Posts

### Fire Department Explorer Post 716

Fire and Rescue Explorer Post 136 has been planning the year's activities. These include a trip to the Pease Fire Department and possible visits to the Manchester, NH and New York City Fire Departments. Some of the community service events will include the annual Red Cross blood drive and a food drive. We have an exciting year planned and look forward to building our membership. Youth 14 to 20 years of age may be a part of our Explorer Post. Call the fire station at 679-5446 or Captain Cray at 396-9436 for more information.

## Epping NH Police Explorers

This is a hands-on program for youth ages 14-20. It is for those interested in a career in law enforcement or related fields in the criminal justice system. The program promotes growth through character development, respect for the rule of law, physical fitness, good citizenship and patriotism. Please join us in helping to support this local youth program as well as the Child and Youth Program of the SAL.

Youth 14 - 20 may join the Police Explorers by calling 679-5122.

## American Legion News

### 8th Annual Car & Motorcycle Show at American Legion

On **Saturday, May 19<sup>th</sup>**, the Sons of the American Legion (SAL) Squadron 51 is hosting the **8<sup>th</sup> Annual Car and Motorcycle Show** at the American Legion Post 51 on Rte. 125 in Epping. Proceeds will benefit Epping Project Graduation Class of 2020. Gates open at 9 am and the show is from 10 am to 2 pm. There is No Entry Fee, however, donations will gladly be accepted. The Line Up Band will be playing outside from 1 to 4 pm, if weather permits. The band plays classic rock from the 50's to the 90's.

Come show your **car** – 1978 or older! For these antique cars, there will be First Place and Second Place Award Categories. There also will be a People's Choice Award for **any** year car. Come show your **motorcycle** – 1978 or older! For these antique motorcycles, there will be a People's Choice award. Also, there will be a Custom People's Choice Award for **any** year motorcycle.

There will be raffles and a 50/50. Food and refreshments will be for sale during the event. A cash bar will be open. This event will be held in the parking lot of the American Legion on Route 125 in Epping (across from Telly's Restaurant). The rain date is Sunday, May 20<sup>th</sup>. For more information, please call Rob Hoffman at 944-5485.

### Monthly Breakfast Buffets

Monthly second Sunday breakfasts are being held from 8:00 to 11:00 am. Come enjoy our hot Breakfast Buffets on **Sunday May 13<sup>th</sup>** and **Sunday, June 10<sup>th</sup>** – eggs, bacon, sausage, toast, pancakes, home fries, and coffee are all piping hot and ready to be enjoyed. Bring your newspaper and your appetite!

The Buffet is \$8.00 for adults, \$5.00 for children 6 to 12 and children under six are free - worth every penny!

## Epping Community Church

We would like to invite everyone to come and join our Sunday morning worship service at 9:00 am upstairs in our sanctuary. We have an elevator for those that don't want to climb all the stairs! Our new Pastor Paul Leonard leads our service every Sunday. Come and listen to God's word and share the joy that Christ is Risen!!! We have a time to get together in Fellowship Hall downstairs after our

service. There are always goodies with coffee, tea and juice that are shared. We'd love to have you join us! After fellowship at 11:00 am, we offer Sunday School for all ages.

Bible Study is every Wednesday at 7 pm and everyone is welcome...the content is a technical and historical study of the text focused on "what does it actually say." This group enjoys learning about the Bible and some lively discussion. Can't make 7 pm?.....There is also a prayer group and Bible study on Thursday morning at 9:30 until 11:00 am.

On **Sunday, May 5<sup>th</sup>** we will be having our 4<sup>th</sup> annual food pantry benefit breakfast in memory of Linda Gauthier. We'll have eggs, home fries, bacon, sausage, pancakes, fruit salad and muffins. The cost is a donation or non-perishable food items. We really appreciate all of the people that have supported this event and our Epping Community Care food pantry program!! The breakfast is from 8:00 to 10:00 am. Immediately following at 10:00 am, there will be a volunteer group including our local Girl Scouts doing lawn repair, aerating, seeding and planting around the church. We will gladly accept any new volunteers to help garden...bring your gloves and gardening tools!!

On **Friday, May 18<sup>th</sup>**, the ladies of the church will be going to Pickety Place for lunch together. They try to do something every month...sometimes lunch and sometimes dinner. We've been to King Arthur Flour Company in Vermont and also to L.L. Bean. Marian Steimke has been heading up these adventures and it's always a lot of fun.

Our 3<sup>rd</sup> Saturday dinner will be **May 19<sup>th</sup>** and we will be offering a ham and bean dinner. The menu will be ham, beans, potato salad, coleslaw and biscuits, followed up with brownies and ice cream for dessert. The dinners from 5:00 to 6:30 pm are always \$8.00 for adults and \$4.00 for children. The proceeds from this dinner will go to Christine Baker who had a terrible fall Christmas Eve, 2016 and broke her femur. Through further testing a tumor was found, thankfully benign. She'd had over a year of recuperation when it was decided to do another surgery on her leg. She is doing well and is home!!! We are hoping to help defray some of the mounting medical bills that she has. Come and help us celebrate the amazing progress that Christine has achieved!!! We will also have a 50/50 raffle that night!!

The Memorial Day parade will be on **Monday**

**May 28<sup>th</sup>**. Our Ladies Aide will once again have a table set up on the church grounds. You can get coffee, water, soda and lots of homemade cookies and muffins. Come on over and see us while you enjoy the parade.

On **Saturday, June 16<sup>th</sup>**, we will once again be sponsoring a breakfast for Project Graduation. The graduates show up by bus around 5:00 am and enjoy a home cooked breakfast before they head home to catch up on sleep after a busy chemical free evening provided by parents and friends of the graduates.

The 3<sup>rd</sup> Saturday dinner is also on **June 16<sup>th</sup>** from 5-6:30 pm. It will be a turkey dinner with all the fixings. This continues to be one of our most popular dinners. The cost is \$8.00 for adults and \$4.00 for kids. We start to prep for this dinner at 8:00 am and volunteers are always welcome to come and help!!

Our food pantry is open on Saturday from 8-10 am. Entry is through the side door off the driveway. We also continue to have our Soup of the Day Café every Thursday from 11-12:30. Come and enjoy a bowl of soup with salad and a dessert. In the middle of summer we will switch to various salads for lunch. This is a free lunch open to all in the community.

During the week, Meals on Wheels operates out of our church to serve clients in their homes. They also serve any that would like to come to the church for lunch. If you know a senior that would like to come to church for lunch, they offer a van that will pick up and bring the senior back home after the meal. Call the church at 679-1609 and speak with either Sherry or Lisa...they'll be glad to help you out.

## **St. Joseph Catholic Church**

208 Pleasant St. (Rte 27)

Epping, NH 03042

Office telephone: 679-8805

### **Mass schedule weekdays:**

**Mon.** 8:00 am **Tues, Thurs, Fri.** 7:30 am

**Wed.** 7:00 pm

### **Mass schedule weekends:**

**Saturday** 4:00 pm

**Sunday** 8:00 am, 10:30 am and 6:00 pm

### **May**

**Mondays** – Adoration – Noon to 9:00 pm

**Fridays** – 8 am-7 pm



**May 4<sup>th</sup>** – First Friday Adoration – 8:00 am-midnight  
**May 5<sup>th</sup>** – First Saturday Adoration – midnight to 7:45 am  
**May 5<sup>th</sup>**– Kids Fishing Derby, Registration -7:30 am  
**May 15<sup>th</sup>** – Red Cross Blood Drive – 2-7 pm  
**May 12<sup>th</sup>** – Squire Dinner- 5 pm

#### **June**

**Mondays** – Adoration – Noon to 9:00 pm

**Fridays** – 8 am-7 pm

**June 1<sup>st</sup>** – First Friday Adoration – 8:00 am-midnight

**June 2<sup>nd</sup>** – First Saturday Adoration – midnight to 7:45 am

**June 3<sup>rd</sup>** – Motorcycle Blessing and Cookout - 1 pm

**June 16<sup>th</sup>** – Squire Dinner – 5 pm

If you have any questions, please call the Rectory Office 679-8805 or check our website at <http://stjosepheppingnh.com> for further information.

### **Kids Fishing Derby**

The Knights of Columbus of St. Joseph Parish in Epping will be holding their Annual Kids Fishing Derby on **Saturday May 5<sup>th</sup>**. The Derby will be held at the Town Conservation Pond on Towle Road in Epping. We will post signs from the area of the Town Hall leading to the pond.

Registration will be at 7:30 am with the first cast at 8:00 am, no preregistration required. No artificial lures or bait are permitted, but we will supply worms for all participants. The Derby is open to all children 12 years of age and younger.

Contact Tim Acerno at 496-2697 or [acernotim@gmail.com](mailto:acernotim@gmail.com) for additional information.

### **American Red Cross Blood Drive**

The Knights of Columbus of St. Joseph Parish in Epping will be hosting an American Red Cross Blood Drive on **Tuesday May 15<sup>th</sup>** from 2:00 to 7:00 pm. The Drive will be held at St. Joseph Church on Pleasant Street in Epping.

Make an appointment to donate blood or platelets by downloading the free Red Cross app, by visiting [www.redcrossblood.org](http://www.redcrossblood.org) or calling 1-800-733-2767. Refreshments will be served.

### **Motorcycle Blessing and Cookout**

The Knights of Columbus of St. Joseph Parish in Epping will be holding their Annual Motorcycle Blessing and cookout on **Sunday June 3<sup>rd</sup>**. The Blessing will be held at St. Joseph Church on

Pleasant Street in Epping with the cookout starting at 1:00 pm, the Blessing at approximately 2:00 pm and an optional group ride through Rockingham County immediately following. All riders young and old are invited to attend. Contact Tim Acerno at 496-2697 or [acernotim@gmail.com](mailto:acernotim@gmail.com) for additional information.

## **Epping Bible Church**

Epping Bible Church invites you to join them throughout the week at 243 Pleasant Street in Epping.

Our Sunday mornings begin with a full, free breakfast from 8:00 to 9:15 am, followed by Bible Emphasis Groups (Sunday School) for all ages at 9:15 am. The Gathering, a time for announcements and to share, is at 10:05 am followed by morning service at 10:45 am. Sunday evening service begins at 5:00 pm. Families are welcome.

Their Bible Emphasis Groups feature classes for all ages, from 2 year olds all the way to adults. A free nursery for children – infants through four years – is provided during the morning and evening services. Children ages four through third grade are invited to Junior Church during the morning service after praise and worship time. The Awana program for children age 3 through sixth grade has begun. The weekly Friday night meetings help children learn about God's Word. For details, please contact Dora Brown at 702-2650 or at [awana@eppingbible.org](mailto:awana@eppingbible.org).

Epping Bible Church is located at 243 Pleasant Street. If you have any questions, please contact Pastor Ron Townsend at 247-0405 or at [PastorRon@EppingBible.org](mailto:PastorRon@EppingBible.org). Visit their website at [www.eppingbible.org](http://www.eppingbible.org).

## **Providence Baptist Church**

410 Pleasant Street, Epping, NH 03042

Phone: 679-8918

### **Weekly Schedule**

Sunday Morning Service at 10:30 am

Wednesday Food Pantry begins at 10:00 am (for first time visitors, please have your photo ID and proof of residency with you)

Wednesday Time of Devotion and Prayer begins at 6:30 pm

(Check schedule for dinner nights!)

For small groups and other events, please check out our website at [www.pbcnh.org](http://www.pbcnh.org) or contact us at [pbsecretary410@gmail.com](mailto:pbsecretary410@gmail.com).

## West Epping Quaker Meeting House

The West Epping Meeting grew out of the Seabrook Quarterly Meeting in the middle of the 18<sup>th</sup> century. Records show that Joshua Folsom was a recorded minister among Friends in the community in 1772 – though he may have commenced his activities even earlier. The present Meeting House was built in 1851. The surrounding tall pines, dating from this period, have been a distinguishing feature of West Epping Village.

West Epping Friends meet for silent worship at 10 am every first and third Sunday of the month. We welcome visitors to our meetings to join with us.



## Harvey-Mitchell Memorial Library

Epping's Public Library

151 Main Street

734-4587 (Adult Dept.)

679-5944 (Youth Dept.)

679-5884 (Fax)

[harvmitch@gmail.com](mailto:harvmitch@gmail.com)

[www.eppinglibrary.com](http://www.eppinglibrary.com)

Youth Dept. e-mail: [hmmlyouth@gmail.com](mailto:hmmlyouth@gmail.com)

Youth Dept. Facebook page:

<http://www.facebook.com/eppinglibrary>

**Hours: Monday, Friday – 10 - 5**

**Tuesday, Wednesday, Thursday – 10 - 8**

**Saturday – 10 - 2**

**Sunday – 12 noon – 4**

**May 28<sup>th</sup> – Library closed- Memorial Day**

## Upcoming Events at the Library

**Story time** continues on Tuesday and Friday mornings at 11:15 am, with a new story and craft each week!

**May 1, 8, 15, 22, 29: Children's Yoga – 4 pm**

Our Children's Yoga series continues, taught by Kripalu yoga teacher Leah Pacione. This program is a great way to introduce kids to yoga, or allow them to continue a healthy habit. Each session is a bit different than the last, tailored to the interests of participants and sometimes taking on playful themes. Just show up in comfortable clothes, ready to stretch and have fun!

**May 8: Classic Book Group – 7 pm**

The Classic Book Group will be meeting to discuss "*Fahrenheit 451*" by Ray Bradbury.

**May 12: Paws to Read – 10:30 am -12:30 pm**

Leon returns to the library for a Paws to Read program! Children of all ages are invited to spend 20-minute sessions reading out loud to Leon in order to build confidence and have fun reading in the company of a black lab therapy dog that doesn't judge. Registration in advance is recommended.

**May 17: Great Gardens Lecture Series – 7 pm**

Our Great Gardens lecture series, presented by Patty Laughlin of Lorax Landscaping, continues with "All About Mulch." Bark mulch seems ubiquitous in our landscapes, so much so that most people take for granted that it's needed. In this talk, Patty will discuss why we mulch, its benefits and potential pitfalls. She'll cover when and how often to mulch as well as how to apply mulch properly. You'll learn about various materials that can be used as mulch, including living mulches, and the pros and cons of each.

**May 21: Death in the White Mountains – 6 pm**

Local author Julie Boardman will present a program based on her book, "*Death in the White Mountains*." The book, which is the first to focus on fatalities in the entire region, was written in the belief that by studying past fatalities and identifying the mistakes that caused them, we can learn how to be safe in the mountains. Using a variety of sources, Boardman compiled a list of 219 hikers, climbers and backcountry skiers who have died, then determined what fatal errors were made by the victims. "A majority of the deaths didn't have to happen," Boardman stated. "They were the result of an oversight or one or more bad decisions." Boardman is the author of "*When Women and Mountains Meet*," a book about the women who shaped the interesting history of the White Mountains. Her work has appeared in Appalachia (the journal of the Appalachian Mountain Club), Sierra (the magazine of the Sierra Club), Connecticut Audubon and many other publications. Since moving to New London, New Hampshire in 1990, Boardman has hiked extensively throughout New England.

**May 22:** Dusty Olde Mystery Group – 7 pm  
The Dusty Olde Mystery Group will be meeting to discuss *"The Doorbell Rang"* by Rex Stout.

**May 24:** Game afternoon – 1 pm  
Choose from Scrabble, Cribbage, Mahjong, and a variety of other games to play!

**May 28:** Memorial Day Book Sale & Parade

**May 29:** Contemporary Book Group – 7 pm  
Contemporary Book Group will be meeting to discuss *"The Weird Sisters"* by Eleanor Brown.

**June 5, 12, 19:** Children's Yoga – 4 pm  
Our Children's Yoga series continues, taught by Kripalu yoga teacher Leah Pacione. This program is a great way to introduce kids to yoga, or allow them to continue a healthy habit. Each session is a bit different than the last, tailored to the interests of participants and sometimes taking on playful themes. Just show up in comfortable clothes, ready to stretch and have fun!

**June 9:** Paws to Read – 10:30 am -12:30 pm  
Leon returns to the library for a Paws to Read program! Children of all ages are invited to spend 20-minute sessions reading out loud to Leon in order to build confidence and have fun reading in the company of a black lab therapy dog that doesn't judge. Registration in advance is recommended.

**June 11:** Birds, Bats and Butterflies – 6 pm  
The Birds, Bats & Butterflies slide presentation highlights a dozen wildlife species commonly seen in New Hampshire. Participants will learn cool animal facts and find out about how the diverse mix of habitats in our region support species such as American woodcock, painted turtle, pileated woodpecker, wood frogs, little brown bats and other captivating creatures. The presentation includes handouts and other helpful materials-- plus a visit a from some live turtles.

**June 19:** Dusty Olde Mystery Group – 7 pm

**June 21:** Great Gardens Lecture Series – 7 pm

**June 26:** Contemporary Book Group – 7 pm

**June 28:** Game afternoon – 1 pm

**June 29:** Diane Kordas Puppet Show 11 am-  
Summer Reading Begins

## **Epping Parks & Recreation Department News**

*Home of the "River Otters"*

Director: Nicole Bizzaro

Cell Phone: 608-9487

Recreation Dept. Main Phone Number: 679-3006

or email at [eppingrecreation@gmail.com](mailto:eppingrecreation@gmail.com).

Join us on Facebook and follow us on Twitter.

If you need to reach the Department, please contact Nicole, Recreation Director via email at [eppingrecreation@gmail.com](mailto:eppingrecreation@gmail.com) or cell at 608-9487.

Now that Watson Academy is open again, we are getting back to business. The Epping Parks & Recreation Department has been busy at work, meeting with potential new instructors and staff to develop future programs and offerings at Watson for the town residents. For more information and to register, please contact the Recreation Department via e-mail at [eppingrecreation@gmail.com](mailto:eppingrecreation@gmail.com) or visit our website at [www.EppingRecreation.org](http://www.EppingRecreation.org).

Please check out our website and our Facebook page for announcements and program updates.

## **Preschool Programs Preschool Spring Sports**

Our Preschool Sports Program is a fun way to help your little ones start to develop listening skills, teamwork, and the basic rules of soccer and t- ball. We split them into two groups and rotate through soccer skills and drills and then t-ball practice. The kids will practice ball control, shooting, and the basic rules of soccer. In our t-ball program they will learn how to bat, run the bases, throw, and catch. At the end of our practice we do a fun parachute or large group game to promote teamwork.

Preschool sports programs are starting up this month. T-ball will be on Tuesday nights starting **May 15<sup>th</sup> and until June 5<sup>th</sup>** from 5:30-6:15 pm. Preschool Sports will be on Friday mornings starting **May 11<sup>th</sup> and until June 1<sup>st</sup>** from 9:15-10:00 am. Download the registration forms from our website, pick them up at Town Hall or Watson Academy!

## **Sports Programs**

If you are looking for beginning and advanced team sports-related programs for children ages 5+, please visit the Epping Youth Athletic Association



(EYAA) website at [www.eyaa.org](http://www.eyaa.org) for sports programs offered in Epping.

## **Youth Programs**

### **Before & After School Program**

The Fall 2017 Before & After School Program Registration was available starting June 1, 2017.

To register, please download Registration Form and Participation Forms from left side of the Parks and Recreation website and mail. Space is limited and If we need to start a wait list, parents will be notified! Please email our Recreation Director, Nicole for further information. at [eppingrecreation@gmail.com](mailto:eppingrecreation@gmail.com).

We provide a safe, nurturing place for children to attend quality programming beyond the schools' hours of operation. We strive to help youth reach their full potential by allowing them to explore their physical, social and intellectual interests in a safe and fun setting. The culture of our programs emphasizes quality relationships and a healthy respect for individuality. We provide enough structure to keep everyone safe, but we also offer an open atmosphere that allows children to explore their interests in groups or on their own.

The Before School Program operates on normal school days at the Epping Elementary School gym in the mornings for youth in grades K-7. The program opens at 6:45 am and runs until students leave for their classrooms at 8:20 am! Kindergarteners are escorted by staff. At the program the youth are able to finish homework, work on arts and crafts projects and play games in the gym. The youth are able to eat breakfast with the school breakfast program.

The After School Program gathers at the EES Library, then heads outside to the EES playgrounds during good weather days or walks down to Watson Academy for snack and homework time from 3:15-4:15 pm, during cold or bad weather days. The program then runs organized games and activities from 4:15 to 5:45 pm at Watson Academy and on scheduled days, uses the gym for PE related programming. The program operates from school dismissal until **5:45 pm**. Children are grouped by grades: K-1, 2-3 and 4-7. This may vary slightly depending on space and child needs in each of the groups.

Grades K-7

6:45–8:35 am—Before School Program at Epping Elementary School Gym

3:15 – 5:45 pm – After School Program meets in

EES Library, goes to Playground and Watson Academy, with use of the EES Gym on scheduled days. Call Nicole for more information at 608-9487.

### **Martial Arts Programs at Epping Recreation and Elementary School (offered by Epping ATA)**

#### **Karate Classes**

Mondays and Thursdays (EMS Gym) 3:10 – 4:15 pm, \$65 per month

For more information or to sign up your child, please contact Mrs. DeNapoli at 674-6599 or email her at [eppingata@gmail.com](mailto:eppingata@gmail.com).

\*\*\*ALL beginners receive a FREE Uniform.\*\*\*

#### **Youth Ceramics Class**

Day: Thursdays at Watson Academy

Time: 4:30-5:30 pm

Cost: \$20 per 3-week session

#### **8<sup>th</sup> – 9<sup>th</sup> Grade CIT program**

The program is back again this year. Students who like working with children and want to gain experience may apply to be a Counselor-In-Training. School year and summer positions are available and it's FREE! For an application, please contact the Rec. Dept.

Both the Application and two Reference Forms need to be returned to the Recreation Director at Town Hall, 157 Main Street, for review. Without references (non-related), applications will not be accepted. CIT positions are limited! We will call all applicants in for an initial interview with the Recreation Director and Program Director. The CIT program is not a full summer, full week program. Each CIT will be given a schedule of days and hours they will be assigned to complete their volunteer time with us. CIT's will ASSIST staff in running programs for kids, preparing materials for programs, helping with general clean up after programs and being role models for children participating in programs. Most CIT hours are completed on school grounds (no field trip hours). If a CIT shows exemplary skills in assisting children during on-grounds programs, we may contact those parents to arrange for field trip volunteer hours.

### **Epping Recreation & Edelweiss Farm Horsemanship Program**

Does your child love and want to learn more about horses? This 4-week program is a great opportunity for them! Each week will include

mounted horse time and learning hands-on barn skills. No previous experience needed. Grades 2+ Welcome!

**When:**

Thursdays: May 17<sup>th</sup>, 24<sup>th</sup>, 31<sup>st</sup> and June 7<sup>th</sup>  
from 3:30-5:00 pm

Transportation Provided by Epping Rec from  
School to Barn If Needed

**Where:**

Edelweiss Farm  
3 Towle Rd Epping, NH

**What to bring:**

Riding Helmet  
Boots with a heel  
Jeans

If interested, please fill out a Registration Form and pay the \$180 fee to hold your spot. A minimum of 5 participants, maximum of 12.

Please email [eppingrecreation@gmail.com](mailto:eppingrecreation@gmail.com) with any questions.

**Adult Programs**

**Please check our Facebook page for updates, including cancellations on all programs.**

**Adult Basketball**

Want to play some adult basketball? Come join The Epping Recreation Department for some pick up co-ed basketball in the Epping Middle School Gym on Sunday nights.

Day / Time: Sunday – 7:00 – 9:00 pm

Location: EMS Gym (Use EHS entrance)

Cost: \$3 per night – Please bring exact change.

Each participant is required to sign a waiver form prior to playing and payment. Waiver forms will be available at the gym. You will not be allowed to play if we do not have a signed waiver and payment. The payment covers the cost of the staff to provide this program.

**Adult Ceramics Class**

Day: Thursdays

Time: 9-11 am

Cost: \$2 for ceramic piece

Location: Watson Academy (Upstairs Blue classroom)

To Register, contact the Epping Recreation Dept at [eppingrecreation@gmail.com](mailto:eppingrecreation@gmail.com) or stop by the program to speak with Barbara Young.

## The Porch

Our goal is to demonstrate the unconditional love of God to our community by building relationships, meeting physical and financial needs, and sharing the Gospel of Jesus that transforms lives.

Epping Lighthouse will benefit the community in numerous ways, including:

- Running a youth center for teenagers
- Running a children's after-school program
- Giving financially to families who are in need
- Providing free family counseling
- Organizing various programs for teenagers to service others

## Kids Club

Our kids club is for kids in grades 1-5.

We will provide free pick up from EES, and provide snacks and drinks at no charge.

We have a structured time of singing, Bible Time and Game Time.

The club starts at 3:15 and goes until 5:00 pm.

## Teen Central

Our Teen Central is geared for grades 6-12.

We offer pool, ping-pong, air hockey, and foosball.

We also have computers, a TV, board games and provide snacks and drinks at no charge.

Teen Central opens at 2:30 and goes till 4:30.

We provide classes and other events throughout the year as well.

We require all of our workers to complete a background check.

If you are interested, please check us out at [www.eppinglighthouse.org](http://www.eppinglighthouse.org) or you can e-mail us at [eppinglighthouse@hotmail.com](mailto:eppinglighthouse@hotmail.com) to request a form.

## Masquerade Ball and Silent Auction

Epping Lighthouse Ministries is hosting its annual Masquerade Ball and Silent Auction on **Friday, May 11<sup>th</sup>**. Proceeds of the event will go toward opening a new building for The Porch, a teen youth center based in Epping. The Porch provides a safe, loving environment for the teenagers in Epping to go after school.

Come experience a formal masquerade ball, complete with a DJ, dancing, refreshments, non-alcoholic drinks and silent auction. There will be awards for Best Dressed and Best Dancing. Formal attire and mask are requested. Cost is

\$50.00 per person. The ball will begin at 6:30 pm at the Exeter Inn and Epoch Restaurant, 90 Front Street, Exeter. Tickets can be purchased by going to [evenbrite.com](http://evenbrite.com).

Epping Lighthouse Ministries exists to provide assistance to the community by running a youth center, running an after school program for children and giving financially to families in need. The long-term vision is to continue adding more programs for people in need, including tutoring, assistance for people struggling with addiction, a crisis pregnancy center and much more.

For more information about the ball or about Epping Lighthouse Ministries, visit [www.eppinglighthouse.org](http://www.eppinglighthouse.org).

# Families First

*support for families...health care for all*

**Epping Family Morning Out:** *Fridays - 9:30-11 am.* For children ages birth to six with parents or other caregivers. Children will explore age-appropriate crafts and other activities, have positive play with peers and adults and enjoy songs, stories and snack. Facilitator: Patricia Keck. Held at the SAU 14 Building, 213 Main Street, Epping. Cost: It's free! See you there! Advance sign-up not needed.

For information call 422-8208, press 2, or visit <http://www.familiesfirstseacoast.org/programs.cfm>.

**Exeter Family Morning Out** *Thursdays - 9:30-11 am.* For children ages birth to six, with parents or other caregivers. Children will explore age-appropriate crafts and other activities, have positive play with peers and adults, and enjoy songs, stories and snack. Facilitator: Patricia Keck. Held at Exeter Parks and Recreation (32 Court Street, Exeter). Cost: Free. Pre-registration not needed.

For information call 422-8208, press 2, or visit <http://www.familiesfirstseacoast.org/programs.cfm>.

All parents and children are welcome at our Parenting Classes, Parent-Child Groups and Parent Groups. **Advance registration is needed for most programs and is always needed for childcare;** please go to [FamiliesFirstSeacoast.org](http://FamiliesFirstSeacoast.org) and click on the Register for Family Programs button, or call 422-8208 x2.

## Epping Students in the News

Graduating from Clarkson University with a BS in aeronautical engineering, mechanical engineering, electrical engineering minor

**Sawyer James Begin**

Graduating from University of New Hampshire in December 2017

**Jenna Riley**

**Lisa Novak**

**Lauren Beaudoin**

Endicott College announces Dean's List for Fall 2017

**Ryan Bentz**

**Justin LeDuc**

Lyndon State College in Lyndon VT announces Dean's List for Fall 2017

**Kelly Begin**

Northeastern University announces Dean's List for Fall 2017

**Noah Dwyer**

The School of Arts at Dean College performed "Curtains" from April 11-15

**Hannah Gagnon** had a principal role in the production.



## School Board Meeting Schedule

The Epping School Board holds regular meetings at 7:00 pm in the Epping Town Hall. The public is invited to attend. Meetings are also televised by ETV. Agendas and minutes are posted on the district website at [www.sau14.org](http://www.sau14.org) under School Board/Agenda & Minutes. ETV is also streaming meetings that you can watch live on your computer at: <http://etv.22.pegcentral.com>.

**May 3<sup>rd</sup> and 17<sup>th</sup>**

**June 7<sup>th</sup> and 21<sup>st</sup>**

## Epping Elementary School (EES)

### EES School Calendar

#### MAY

**May 7** – PTO meeting 7:00 pm in the EES Art Room. Free babysitting in the Library.

**May 7-12** – Teacher & Staff Appreciation Week

**May 8** – Band & Chorus Field Trip to Music Hall in Portsmouth





## Epping Calendar of Events for May 2018

May 1, 8, 15,22,29	Children's Yoga at the Library – 4 pm
May 2	Providence Baptist Church Food Pantry – 10 am
May 2	Knitting and Handiwork Group at Library – 6:30 pm
May 3	Epping School Board meeting in Epping Town Hall – 7 pm
May 4-6	Boy Scout NHX National Jamboree
May 4-6	Keep Epping Beautiful weekend
May 5	Knights of Columbus Kids Fishing Derby-Town Conservation Pond -Register 7:30 am
May 5	ECC Food Pantry Benefit Breakfast in memory of Linda Gauthier– 8-10 am
May 6	Boy Scout Welch and Dickey Loop Trail Hike
May 7	EES PTO meeting – 7 pm
May 7	Pickup of Keep Epping Beautiful Blue Bags
May 7-12	EES Teacher and Staff Appreciation Week
May 8	Classics Book Group “Fahrenheit 451” by Ray Bradbury – 7 pm
May 9	Providence Baptist Church Food Pantry – 10 am
May 9	EES Grade 5 visits Epping Middle School
May 10	PTO and Student Council sponsored Movie Night – “Coco” – 6:00-8:30 pm
May 10	EES Grade 5 Parents' Information Night at Epping Middle School – 6:30-7:30 pm
May 10	Epping Watson Academy Seniors – 1 pm
May 11	Masquerade Ball and Silent Auction at Exeter Inn and Epoch Restaurant – 6:30 pm
May 11	EES Kindergarten new student screening. Current kindergarteners have NO SCHOOL
May 12	Boy Scout Electronics Recycling Fundraiser at American Legion – 9:00 am – 2:00 pm
May 12	Paws to Read at the Library – 10:30 am-12:30 pm
May 12	Herring Aid at Macallen Dam in Newmarket – 10:00 am-noon
May 12	Post Office Carriers Food Drive
May 12	Epping Community Church Food Pantry – 8-10 am
May 13	Epping Garden Club Meeting
May 13	American Legion Post 51 Sunday Breakfast Buffet – 8-11 am
May 14	EES Grade 4 Field Trip to the NH State House and NH Historical Society
May 15	Red Cross Blood Drive at St. Joseph – 2-7 pm
May 15	Library Board of Trustees Meeting – 7 pm
May 16	Providence Baptist Church Food Pantry – 10 am
May 17	Epping School Board meeting in Epping Town Hall – 7 pm
May 17	Great Gardens Lecture Series at the Library – 7 pm
May 17	Historical Society “Olde Epping Program”
May 18	EES Grade 1 Field Trip to the Children's Museum of NH
May 18	Civil War Roundtable of NH meeting in Town Hall – 7:15 pm
May 19	Car and Motorcycle Show at American Legion – open 9 am, Show – 10 am-2 pm
May 19	Epping Community Church Food Pantry – 8-10 am
May 19	Epping Community Church Dinner “Ham and Bean Supper ” – 5:00-6:30 pm
May 20	Leddy Center Celebration – 2 pm
May 21	“Death in the White Mountains” – Julie Boardman at the Library – 6 pm
May 22	Epping Lions Club meeting at the Library – 6:30 pm
May 22	Dusty Olde Mystery Book Group at the Library – 7 pm

May 23	EES Music Games Night for Grades 1 & 2 in EES Gym – 6:30-7:30 pm
May 23	Providence Baptist Church Food Pantry – 10 am
May 24	“Epping of Yesteryear” Program at the Library
May 24	Game Afternoon at the Library – 1 pm
May 24	EES Grade 3 Band and Chorus Spring Concert in EMS Gym – 6:30 pm
May 26	Epping Community Church Food Pantry – 8-10 am
<b>May 28</b>	<b>NO SCHOOL Town Hall and Library closed for Memorial Day</b>
<b>May 28</b>	<b>Memorial Day Parade</b>
<b>May 28</b>	<b>Epping Community Church Ladies Aide Table of food, drink on church grounds</b>
<b>May 28</b>	<b>Memorial Day Book Sale at the Library</b>
May 29	Contemporary Book Group at the Library – 7 pm
May 30	Providence Baptist Church Food Pantry – 10 am



## Epping Calendar of Events for June 2018

Date	Event
June 1	EES PTO Carnival – 6:00-8:00 pm
June 2	Epping Community Church Food Pantry – 8-10 am
June 3	Motorcycle Blessing and Cookout at St. Joseph – 1 pm
June 4	EES PTO meeting – 7 pm
June 5,6	EES Grade 4 Field Trip to Strawberry Banke and Gundalow Sail
June 5, 12, 19	Children’s Yoga at the Library – 4 pm
June 6	Providence Baptist Church Food Pantry – 10 am
June 7	Epping School Board meeting in Epping Town Hall – 7 pm
June 8	Civil War Roundtable of NH meeting in Town Hall – 7:15 pm
June 9	Epping Community Church Food Pantry– 8-10 am
June 9	Paws to Read at the Library – 10:30 am-12:30 pm
June 10	American Legion Post 51 Sunday breakfast – 8-11 am
June 11	“Birds, Bats and Butterflies” at the Library – 6 pm
June 13	Providence Baptist Church Food Pantry – 10 am
June 14	Epping Watson Academy Seniors – 1 pm
June 15	Epping High School Graduation
June 16	Project Graduation Breakfast at Epping Community Church – 5 am
June 16	Epping Community Church Food Pantry– 8-10 am
June 16	Epping Community Church Dinner – “Roast Turkey Dinner” – 5:00-6:30 pm
June 18	Boy Scout Mount Osceola Hike
June 18	EES Grade 2 Field Trip to Seacoast Science Center
June 19	Dusty Olde Mystery Book Group at the Library – 7 pm
June 19	Library Board of Trustees Meeting – 7 pm
June 20	Providence Baptist Church Food Pantry – 10 am
June 21	Epping School Board meeting in Epping Town Hall – 7 pm
June 21	Great Gardens Lecture Series at the Library – 7 pm
June 23	Epping Community Church Food Pantry – 8-10 am
<b>June 25</b>	<b>DEADLINE DATE for the July-August issue of the Newsletter</b>
June 25	EES End of Year Celebration – Kindergarten - Grade 5 – 9:00 am
June 25	EES Grade 5 Awards Assembly – 1:15 pm
<b>June 25</b>	<b>LAST DAY OF SCHOOL for students</b>
June 26	Contemporary Book Group at the Library – 7 pm
June 26	Epping Lions Club meeting at the Library – 6:30 pm
June 27	Providence Baptist Church Food Pantry – 10 am
June 28	Game Afternoon at the Library – 1 pm
June 29	Summer Reading begins at the Library
June 29	Diane Kordas Puppet Show at the Library – 11 am
June 30	Epping Community Church Food Pantry – 8-10 am

**If you would like your next event to appear on the Calendar of Events, please send an email to [bhelmstetter@comcast.net](mailto:bhelmstetter@comcast.net) by June 25, 2018. Please include the date, event name, location and time.**